

Summer 2005 Calendar

AUGUST

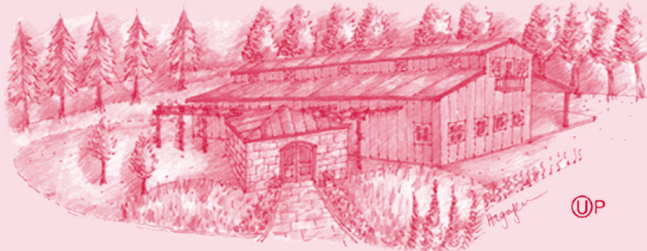
START DATE	TIME	CLASS/WORKSHOP/EVENT	PG.
Fri. 12	7:30pm	Shir HaShirim	4
Thur. 18	11:00am	Special Lunch: Shabbat Celebration Lunch	2
Sun. 28	1:00pm	All Our Voices: Celebrating Diversity through Storytelling	4

SEPTEMBER

START DATE	TIME	CLASS/WORKSHOP/EVENT	PG.
Fri. 9	7:30pm	Shir HaShirim	4
Sun. 11	4:00pm	<i>Ascension</i> : A Photography Opening with Shoey Sindel	4
Wed. 14	12:00noon	Brown Bag College: China Dreams: Growing Up Jewish in Tiensin	2
Sat. 17	7:00pm	"KlezCalifornia" Klezmer Concert and Dance Party	4
Sun. 18	9:30am	A full "Day in Yiddishland" with participatory workshops	5
Sun. 25	2:00pm	Hollywood Hats	5
Sun. 25	7:30pm	Klezmer on the Bay	4
Mon. 26	7:30pm	Breaking Trail: My Path to High Places with Author Arlene Blum	5
Wed. 28	7:30pm	Writers of the Storm: Fake News, and Public Decency, in the Age of Terror	5

All programs subject to change without notice. Please call 510-848-0237 x110 for updates

ORDER FROM US & SAVE 10% WITH THIS AD!!



HAGAFEN CELLARS

GOLD MEDAL WINNING  NAPA VALLEY WINE
SINCE 1979

TASTING & SALES: SUNDAY TO FRIDAY 11am to 4pm
TOURS, BY APPOINTMENT ONLY, at 11am



4160 SILVERADO TRAIL
NAPA, CA 94558

1-888-HAGAFEN
(1-888-424-2336)

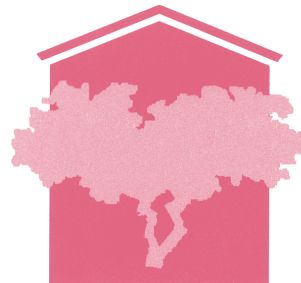
info@hagafen.com
www.prixhagafen.com



ORDER FROM US & SAVE 10% WITH THIS AD!!

Chaparral House

A Non-Profit Skilled Nursing Eldercare Community



For a guided tour, or more
information, please contact
our Admissions Director

510-848-8774
1309 Allston Way
Berkeley, CA 94702

Ecological Landscape Services

David Beller

415.515.4753

Expert Pruning • Creative Design • Installation

Specializing in edible landscaping

On-Going Summer 2005 Classes

DAY	TIME	CLASS / PROGRAM	LOCATION
Monday	9:30-10:45am	Rosen Method Movement	Auditorium
Monday	10:30-11:30am	Begining Yiddish Conversation	Room 22
Monday	10:30-12:00pm	Parkinson's Disease/Art of Moving	Room 20
Monday	1:00-2:30pm	Parkinson's Disease/Art of Moving	Room 20
Monday	11:15-12:15pm	Love, Power Across the Generations	Room - Library
Monday	1:00-3:00pm	Critical Viewings	Room 22
Monday	1:00-4:00pm	Bridge, Scrabble & Other Games	Auditorium
Monday	1:00-4:00pm	Mah Jongg	Room 8C
Monday	3:30-5:00pm	Single Women's Support Group 50+	Room 19
Tuesday	10:00-11:30am	Iyengar Yoga	Auditorium
Tuesday	9:30-12:30pm	Let Me Bring Out the Painter in You!	Room 22
Tuesday & Wednesday	12:00-2:00pm	Moving Qi	Auditorium
Tuesday	2:00-3:00pm	Ladino Conversation	Room 20
Tuesday	3:30-5:00pm	Yoga for Health Management	Room 20
Tuesday	7:00-10:00 pm	Evening Bridge	Room 20
Tuesday (1 st & 3 rd)	7:00-8:30pm	Evening Yiddish Conversation	Room 22
Tuesday (1 st & 3 rd)	7:00-9:00pm	Discussion Salon	Room - The Hall
Wednesday	10:30-11:30am	Feldenkrais Awareness Movement	Room 20
Wednesday	11:45-1:00pm	Feldenkrais Awareness Movement	Room 20
Wednesday	7:00-9:00pm	Creative Prose Writers' Workshop	Room - Library
Thursday	9:15-10:45am	Fun, Fitness & Dance	Auditorium
Thursday	9:30-11:30am	Creative Writing	Room 20
Thursday	11:30-12:15pm	Adventures in Literature	Room - Library
Thursday	1:00-2:15pm	Current Events	Room - Library
Thursday	2:30-4:30pm	Life Stories Workshop	Room 22
Friday	10:00-4:00pm	Acrylic Painting	Room 22

Hot Kosher Lunch

12:15pm Mondays & Thursdays in the BRJCC Auditorium (suggested donation: \$4 Older Adults; \$4.50 others)
 Holiday Lunches have a higher price. To get a detailed monthly menu, call 848-0237 x110

JULY

Monday	Thursday
7/4	7/7 Birthday
Independence Day -CLOSED	Vegetarian Lasagna
7/11	7/14
Lemon Chicken	Poached Salmon
7/18	7/21
Pot Roast	Chicken Cacciatore
7/25	7/28
Poached Salmon	Cranberry Glazed Chicken

AUGUST

Monday	Thursday
8/1	8/4 Birthday
Fresh Turkey	Stuffed Cabbage
8/8	8/11
Garlic Chicken	Pot Roast
8/15	8/18 Shabbat
Stuffed Cabbage	Chicken Mediterranean
8/22	8/25
Lemon Chicken	Poached Salmon
8/29	
Pot Roast	

SEPTEMBER

Monday	Thursday
	9/1 Birthday
	Chicken Cacciatore
9/5	9/8
Labor Day CLOSED	Cranberry Glazed Chicken
9/12	9/15
Fresh Turkey	Stuffed Cabbage
9/19	9/22
Garlic Chicken	Pot Roast
9/26	9/29
Stuffed Cabbage	Vegetarian Lasagna

Meals are prepared by the Reutlinger Community for Jewish Living in strict accordance with Kashrut laws

Approved menu Title XXII. Meets 1/3 daily nutrient needs for older adults - low sugar - low salt - low fat

Meals partially underwritten by the Jewish Community Federation of the Greater East Bay, Mazon, and donors to the Kosher lunch program